

She is calling us...

SEDONA + GRAND CANYON

September 30 - October 7

SANTA FE EXTENTION

October 7 - 11

SEDONA | 9/30 - 10/7

We will be staying at Moonstone Lodge Retreat, where we will conduct our workshop and ceremonies in the beautiful yard complete with fire pit, standing stones and hot tub.

Sound healers & musicians will help orient us to the Land.

On certain days, we will visit power spots in the area such as the Stupa, sometimes on our own, sometimes with an experienced guide, who will lead us in ceremony on sacred ground.

We will have a one-day excursion to the Grand Canyon, remaining after dark to observe the vast, starry sky.

On the final day, there will be time for shopping in beautiful downtown Sedona, followed by a closing ceremony.

CHACO CANYON | 10/7

This will be a long but fruitful day as we traverse the high desert, stopping in this extraordinary UNESCO site on our way to Santa Fe.

SANTA FE | 10/7 - 10/11

As in Sedona, we will split our time between the house and the land. There are many ley lines in this area, which we will explore.

On our final day, we will visit Georgia O'Keefe's home area, Ghost Ranch, and a favorite focus of her paintings, The White Place, Abiquiu

Our final evening will be spent watching the full moon rise in the natural hot springs of Ojo Caliente.

about | hope fitzgerald



For much of my life, I have been developing my access to Universal Wisdom. In 1976, I had an awakening at Findhorn, and have since explored many avenues of philosophy, esoterica and healing, which has led to a diversity of skills: as an Intuitive Dowser, I help people transform their lives with my practical, spiritual coaching; as a channel, I access a variety of beings, including a group of elders called the Ahmmad who provide many of our weekly meditations; and as a teacher and author, I have been spreading the message of the Infinity Wave, a 10th-dimensional energetic tool of Love and Compassion sent to us by a benevolent Universe for the tumultuous times that are upon us now. I originally received the Wave in 2010 in a series of prescient visions, which culminated into a watery, flowing figure “8”.

In addition, I have guided small groups to potent areas around the world, including Peru, Easter Island, South Africa, France, England, Wales, Ireland and various U.S. locations. During these shamanic adventures, I teach ways to communicate with the landscapes, believing that when the powerhouse of the human heart interacts with a highly charged site, an alchemy occurs that is guaranteed to cause a shift in consciousness. I have led many workshops and appeared on dozens of international shows, and continue to fulfill my mission to encourage individual and planetary awakening around the globe. I also offer my services as an energy healer, a Neurofeedback Practitioner and a “midwife to the afterlife.”

www.spreadinfinitehope.com

about | dr. jan seward



I am a licensed Psychologist, Creative Arts Therapist, Sound, Color, and Energy Healer, Astrologer, and I Ching (Chinese Coin) Divination practitioner.

Since the 1980’s, I’ve helped my clients break through the obstacles that seem to be holding them back in life. Life’s too short to be unhappy, unsure, or unfulfilled. I am here to help my clients achieve a more positive outlook on life, and provide them with all the tools necessary to get them there. Let me help you learn and develop better ways to handle the issues that are standing in the way of your goals.

www.drjanseward.com

resources + practices

For those of you who are new to the Infinity Wave and my work, the [introductory package](#) is a great place to start.

It includes:

- An introductory article
- An audio introduction to the Infinity Wave
- Three short practices
- Images of the Infinity Wave

I also highly recommend that you begin to work with the channeled practices in [The Foundations of Life Speak](#) playlist. They will help you to deepen your connection with the sacred elements of Earth, Water, Fire and Air, along with Climate, Biodiversity, and The Web of Life. The [Meditation Library](#) also offers additional practices from our Monday Meditation gatherings.

If you would like to learn more about Dr. Jan Seward, check out her [Infinite Wisdom](#) interview from January!

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all of these resources can be found online at
<https://www.spreadinfinitehope.com/southwestresources>