

# Introducing the *Infinity Wave:*

*A Simple Yet Powerful Enlightenment Tool*

by Hope Fitzgerald

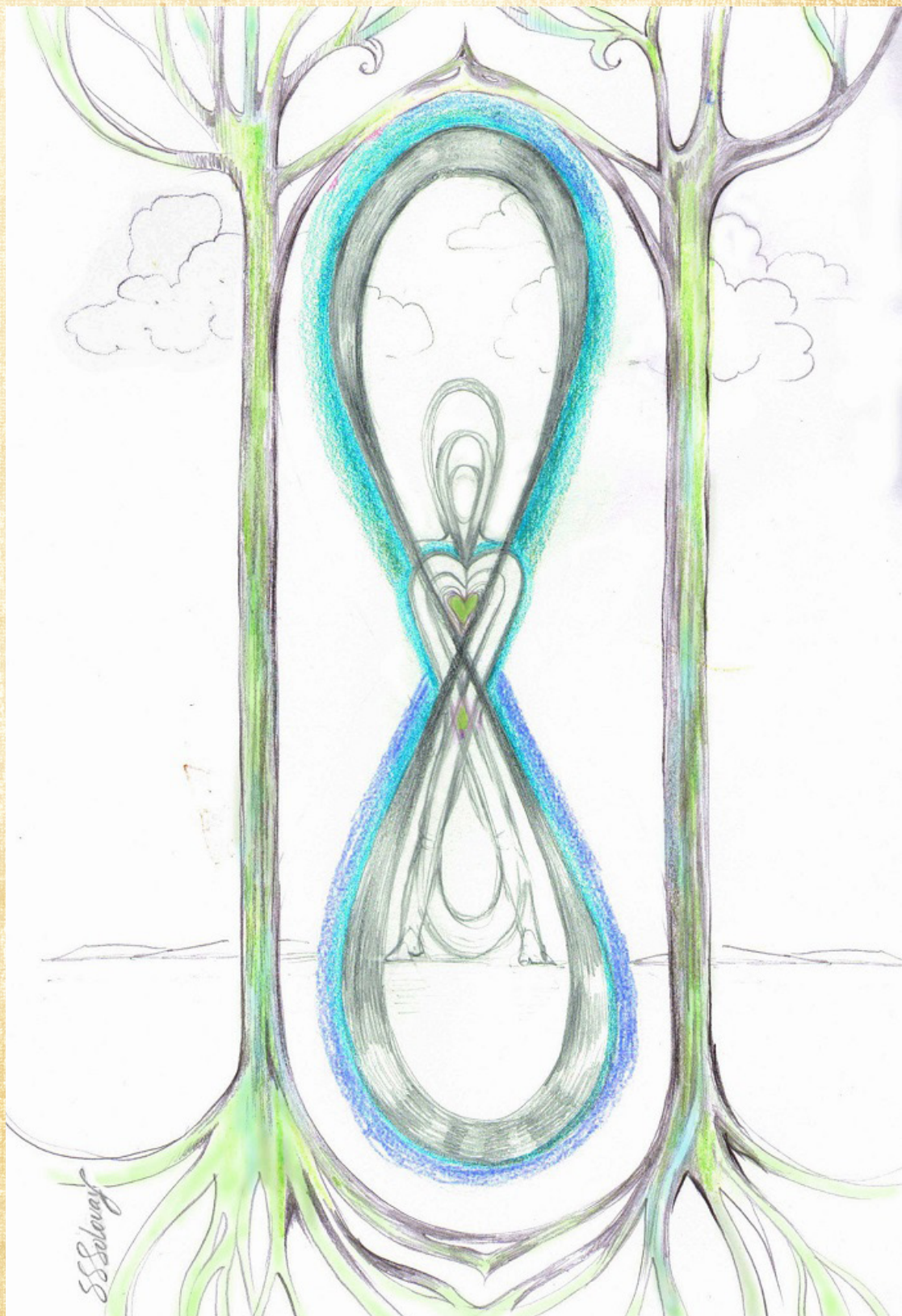
**L**et's start with a bold question:  
*How would you know if a precious  
spiritual key was right in front of  
you?*

Consider that as I tell you a story...

A few years ago my husband and I fulfilled a long-held dream of building an eco-friendly house for our family in the Berkshires of western Massachusetts. Since we had moved from a much busier locale, we greatly appreciated the simplicity of our new-found rural life next to a sheep farm. Then, in late 2010, an unpredictable series of events indicated that the quiet little life I had envisioned was clearly not meant to be.

2010 had been a watershed year. I had spent it in an excruciating family tangle that involved my father's frequent hospitalizations, my step-mother's suicide, my step-sister's estrangement, my brother's betrayal, and ultimately, my father's death. When the terrible drama came to an end, I was completely spent on every level – it was as if every physical, mental, emotional and spiritual vein had been opened and drained. Thinking was a chore, feeling was impossible.

So, to rest and refuel, I went for 10 days to my first sound healing retreat, not exactly sure





## *Thinking was a chore, feeling was impossible*

of what I would be doing there but hungering for it anyway. Day after day, I sat very still as I allowed the cascading, haunting sounds to penetrate my body and urge me into an unknown place, where snippets of images and voices moved in and out. I floated and flew and dug into wherever the sound took me; I allowed myself to be overtaken, and washed away.

It had been many years since I had put my life in the priority position – such is the way of motherhood – so it was a luxury to devote this kind of time and attention to my Self and my Soul. With every passing sound practice, I realized I had a lot of work ahead of me for I was not only healing the effects of recent events, but also the accumulation of decades of emotional leftovers. Each day, I dove more deeply into the realms beyond this one, scrubbing away at the many sticky layers that clung to what I called “my inner bowl.” I became ever more eager to get the job done because with each release I could feel myself becoming less and less encumbered. Joy nudged, bliss flirted.

I hope I’m not making this sound easy – it wasn’t. It was a bonafide spiritual workout. I somehow knew that in order to cleanse properly, I had to be absolutely Truthful with myself – it felt like constructing my own Judgment Day. There was no place to hide from my own discerning eye – and why would I? What was required was the courage to completely surrender to the process.

Once surrendered, I was fully naked, in the spiritual sense, and there was no turning back, nothing to lose. Exquisitely supported by the sound healer, I fervently went after each phase of my undoing as if my very soul depended on it. Fortunately, this journey was not without humor. Conjuring Tom Hanks in “A League of Their Own” as he disbelievably yelled to his weeping female short-stop, “There’s no crying in baseball!”, I realized that self-pity would get me nowhere. Sometimes we need that kind of slap in the face. Instead, I worked to take responsibility

for all that had happened to me, even if many things didn’t appear on the surface to have been “my fault.” Yet, they were there for a reason and this was my time to figure out what those lessons were, once and for all. As I proceeded, I realized how seemingly unrelated occurrences actually fell into just a few patterns, repeated over and over with different characters but the same basic ingredients and story lines. Once I unlocked the secret code to those patterns by identifying what the underlying belief was that had created them in the first place, I was able to fully ingest the meaning and thereby release that pattern from my life.

From there, I was moved to cultivate compassion for myself and others, understanding that we had all played our parts with precision. I had been hurt, and I had caused hurt. My compassionate state was so expanded, equalizing and loving that it soon led the way to forgiveness. I wanted forgiveness for myself and it was only fair and right to humbly offer it to those who had harmed me. From there, I entered into gratitude for the lessons – after all, the experiences, as painful as they were, had made me ME. By facing them, I could finally see and accept the Truth, which is always more liberating than living in a fiction. For instance, the Truth was that my father’s withholding character and later abandonment had created a belief that I wasn’t lovable unless I was absolutely perfect, so I had learned to “tap dance” my way to lovability and acceptance. And, the Truth was that his rejection ultimately forced me to recognize that I no longer needed to prove my lovability to anyone. I vowed to put those tap shoes away for good. Finally, I succumbed to God/Spirit/The Creator Force, saying, “I am a willing vessel – do with me what You will.”

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To say that my bowl was pristine in 10 days would be an exaggeration, but I felt light and deliciously empty for the first time maybe ever. A huge portion of what I had thought was essentially me had turned out to be merely puppetry, projections of vague shadows on a wall. Instead, I had acquired a still, vacuous, inner realm, full of potential but not driven to do anything. It was a lovely state. However, apparently Nature truly does abhor a vacuum because that's when things got really interesting.

## *Miraculous Gifts*

My life-long, private spiritual path had been extensive but never included my own visions or channelings, so when the Infinity Wave suddenly appeared to me a week after my return home, I didn't know what to make of it and seriously thought I might be losing my mind. The images came in a sequence of three. First, there was a huge wall of water moving towards me or, more accurately, us, since I understood it was coming to the earth. Along with the image was a clear transmission that this "wave" represented a huge energetic that would be washing over the planet in 2011 and, if taken advantage of without resisting, would provide an opportunity for accelerated, smooth, personal evolution.

Next, I saw a cross-section of that wave, which resembled the letter "C" as it curled at the top. The accompanying message was to observe the way the wave pushed down into the sea floor to gain its power before rising up and cresting. The metaphor for us was to dig down into the ancient earth wisdom by exploring the old ways of working with the planet and then to mix these old ways with the new energetic at the crest of the wave. That was the recipe for the Now.

The final vision was the cresting "C" flowing into a standing "8" made of moving water. There was no transmission accompanying this image but it refused to leave my consciousness for days. My colleague at the time, Dr. Jan Seward, was present when these images arrived and was equally stunned. To my surprise, an intense resistance quickly welled up in

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me to expose that I, of all people, held the opinion that it was all very well and good to read books about this sort of thing but it was quite another when it was happening to me! Despite the fact that I believed wholeheartedly in the miraculous, I found it very hard to accept that something miraculous was happening to me; how could I be sure these were bonafide communications from beyond and not post-menopausal imaginings? This was only the beginning of a string of self-limiting beliefs I encountered along the way.

Through dowsing and channeling, we were told it was imperative to create a series of 9 weekend workshops over 9 months, which we dutifully scheduled and promoted even though we had no idea of what the content would be. I wish I could communicate the degree of fear I experienced at this time. Although I had been through a major cleansing, now a deep insecurity was revealed, which apparently needed to be confronted. I was afraid of making a fool of myself or coming across as 'holier than thou' with my equally spiritually-minded friends, and confused as to why a non-extraordinary, middle-aged woman would be in this position in the first place. I was such a late-comer - hadn't most people who led spiritual workshops been doing it their entire adult lives? On the home front, my husband did his best to be accommodating, whereas my teenage children, who had repeatedly borne my care-giving absences earlier in the year, just wanted things to go back to normal. And since I craved "normal" for them, too, it became a bit of a juggling act to shield them from the monumental changes occurring in me. Finally, I was literally terrified to 'come out' and reveal to my new community that I was a whacky "woo-woo"



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person. (I now know that my experience is typical for those who have begun to have conscious contact with other dimensions, because bridging worlds reveals truths about what is illusion and what is not. Thankfully, once those illusions are pierced, things usually calm down. I hope this is reassuring news for those of you who are going through this!)

As we approached the first workshop and in spite of my fear, each week I channeled practices which began the foundation of what we called the Infinity Wave Work. At some point, the idea dawned on me that perhaps all I was experiencing was a result of my vow to be a willing vessel – so this was how it was manifesting! And yet, I remember how nervous I was on the first day to deliver those initial guided meditations over the sound of a crystal bowl. Thankfully, I felt so supported and held by the loving beings who had become my constant companions that it gave me the courage to risk sharing their unusual messages.

Amazingly, the participants, including my dear husband, reported powerful experiences from the very first practice, and as the weekend continued, it became common for there to be shared elements in the ensuing meditative journeys. For instance, half of the participants would see the same images and colors or feel identical sensations, such as hot hands holding them.

As the workshops continued, and though we could hardly believe it, the participants were indeed rewarded with speedy evolution. One by one, each person experienced smooth and significant

transformations in their lives. Miracles became commonplace, and we all realized that we weren't "in Kansas anymore," thanks to the use of the Wave as a tool for shifting realities. As people's lives improved, their joy quotients went way up and even their faces were altered. We would stand back and rub our eyes at the speed of our progress – was this really happening? It was only after months of evidence that we fully believed that the Wave was exactly what it said it was.

## *So, what is the Infinity Wave anyway?*



It is an energetic gift from a loving Universe to help us evolve easily and smoothly into the next level of reality as multi-dimensional beings. We live in a time of rapid change and so we have been given a tool to assist with rapid adjustments. The Wave is brimming with love and compassion, and delivers an overall sense of well-being, peace, and connectedness. As a flowing, 10th dimensional energetic, it can be used to co-create change on every level.

Let's talk about dimensions for a bit. Here on Earth, life presents itself in 3 dimensions, comprised of time, space and gravity. This beautiful world that we agreed to inhabit has a density to it and appears as solidly real. From ancient mystics to modern science, we have been told that there are many versions of what "real" is

*From ancient mystics to modern science, we have been told that there are many versions of what "real" is and that there are more dimensions than this one.*



and that there are more dimensions than this one. Those alternate realities look and feel very different than what we're used to.

One way to recognize 3-D is by its duality, which simply refers to the polarizing 'rules of the game' here on Earth. For a visual metaphor, picture a large, grassy soccer field, but instead of goal cages, what you see are single iron rods emerging from the ground at either ends of the field. These rods represent dualistic thinking: Yes/No, Either/Or, Right/Wrong, etc. For many of us, our lives unknowingly consist of a game of resistance being played between these two rods. The conversation might be, "I believe this, you believe that, now let the tug-o-war begin!" And so, we proceed to struggle back and forth between our firmly-held, polarized beliefs. Of course, this game happens on both a micro and a macro scale, between individuals, between cultures and between nations.

Now imagine that the Infinity Wave hovers like a mirror directly over this grassy field, with each end of the "8" looped around one of the protruding rods. As the water flows around these extreme points, it literally breaks up resistance and instead creates a blending of polarized positions. As a 10th Dimensional energetic, it literally lifts the 3-D field activity up into another reality. The game moves from struggle ("Either/Or") to a higher dimensional existence ("Yes, And") where co-creation becomes possible. The goal is not to escape this wonderful 3-D world, but to ***use the Wave to enhance life by having access to our multi-dimensional selves.***

Scientists use terms such as 'quantum field' and 'string theory' to describe the ever-moving, interconnectedness of all things, although such Oneness has been taught by spiritual leaders for millennia. The quantum field demonstrates that matter changes when it is observed and the Infinity Wave is one way to work with this field: we observe what is, and then apply the Wave to shift that reality into something more desirable. This energetic is all about a supremely intelligent flow so, even if you have an idea about how a situation can be resolved, it might be too constrictive for the Wave. When you apply it, you're also trusting that the highest and best outcome will present itself for all involved –

## *Let me give you a few examples...*

One of our workshop participants was embroiled in a contentious divorce from his wife. Although the divorce had been finalized for years, their mutual bitterness continued to seep into parenting communications in the form of nasty texts. They were locked in a 3-D struggle between Right and Wrong. After the workshop, this man began to send the Wave to his ex-wife and was amazed when the texts soon ceased and developed into respectful weekly phone calls in which their children's needs could be calmly addressed.

Another favorite story concerns the anesthesiologist who was not demonstrating any bedside manner during a pre-surgical inquiry of a friend of mine for which I was present. This doctor was extremely cold and removed, and did not make any eye contact with my friend while completing her intake form. I thought, "Hmm, I don't like this reality - I'd like another one," and sent her a forceful Wave blast. She shifted so instantaneously that our jaws literally dropped open. She suddenly popped her head up, turned to my friend with a huge smile, and warmly said, "Hey, babe, are you ready for surgery?" This was no longer an isolated, unhappy person but a personable, expansive caregiver.

We have many testimonials about how the Wave has helped people to shift their realities: one man conjured up 3 huge business prospects from nothing in just 3 days; another saved a deteriorating relationship from the brink of divorce; a woman healed a massive migraine in ½ hr; an alcoholic quit drinking; another made emotional breakthroughs that therapy hadn't been able to touch in 20 years. The list goes on and on.



and that outcome may surprise you! Trust is key here, and the acknowledgement that problem solving from a 10th dimensional standpoint could look very different than what we would expect here in 3-D.

## *Applying the Infinity Wave*

Now let's get back to that original question: how would you know if a precious spiritual key was right in front of you? Skepticism is our well-earned, first defense these days for some very good reasons, which will not be belabored here. I'm not asking you to drop your doubting altogether, but just to put it aside while you try the Infinity Wave out yourself. As a non-denominational force, it can stand side-by-side comfortably with any other belief system.

There are multiple ways to apply the Infinity Wave to affect change but one of our favorites is as a connector device between the Earth and the Cosmos/Heaven/the Divine (or however you think of it). During these tumultuous times, it's critically important to be able to ground quickly and easily in order to stay stabilized. We have found that stabilization doesn't just mean rooting into the earth – it means being aligned in our entire being: As above, So below, which the image of the Wave perfectly represents.

*While breathing deeply, stand (or imagine that you are) on the ground within a giant Infinity Wave. The loops move into the earth and extend up into the sky with the crossing of the "8" occurring at your solar plexus or your heart – your preference. Perhaps your loops move down into the core of the earth and rise into space – your options are limitless. As the watery energetic runs and you continue to breathe, you will quickly feel yourself "plugged in" and connected to everything around you in an unshakable, yet flowing, joyful way.*

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"I just love the Infinity Wave. Attending an Introductory Telecall ([link](#)) to learn it was a peaceful and joyous experience in and of itself. The more remarkable part was how in such a short time I was able to feel a totally different sense of myself. I am using the Infinity Wave all the time now to find balance, to reduce stress, to create favorable outcomes in meetings and negotiations. This is an amazing technology that can help people with the various stresses they are dealing with in today's world."

Hannah Noel, Editor, Organic Life Magazine

We often think of evolution as an interminable, overarching process, one in which we are intrinsically involved but not as active participants. This is not the case. As time is speeding up, so is the evolutionary clock and it is crucial that each of us embraces our own evolution consciously because of the extreme predicament we're in as a species and a planet. As every person chooses to awaken and evolve into a more enlightened, multi-dimensional version of themselves, it makes it that much easier for others to do the same. This chain reaction follows the 100th Monkey principle: at some point, there will be a tipping point and together we will be able to rearrange our current reality to a superior outcome for our dear Earth, the animal and plant kingdoms, and humanity. The Wave continues to reveal its intricacies and depths to all who embrace it as a living symbol of spirituality for the New Age, promising to contain what is needed for each person to become their own "guru" while living in infinite "christed" consciousness. It truly is we who are the 'Second Coming', "the ones who we've been waiting for!"

How can something so seemingly simple be so powerful? Give it a try and watch reality shift. And remember, if you choose to make yourself a willing vessel, don't be surprised when it manifests for you in unexpected ways - the Wave is here to help you



through it! The deeper you dive into its essence, the more it will enhance your life as well as those around you. I've told this story of blind faith to encourage you to gather your own stories of transformation, which will in turn inspire others to embark on their evolutionary journeys – do you see how much you matter?

To quote one of the first channelings:

*"You cannot imagine the thrill it is to have you tune in with us, to know we are seen and heard. It brings us tremendous joy and we thank you for your availability and efforts on our behalves. Each person counts, each person who is drawn to be here will be making a huge contribution to the others. Even if you don't believe you have a meaningful role to play, nothing could be further from the truth. Each one of you will be assisting the birth of*

*the other. This work will require courage and it will demonstrate the efficacy of non-dual change. The importance of each individual cannot be stressed enough. You are the lights. You will be called upon to use that light. The opportunity to receive direct information will be constant. Being a willing vessel is key. Your preparation is important and know that all of it will be for the higher good. Pay attention to your dreams and take time each day in silence to hear. Thank you."*

The deeper you dive into the essence of the Wave, the more it will enhance your life significantly as well as those around you. I hope that our story of blind faith will encourage you to gather your own stories and I send each of you a Wave of joy as you implement and share the Infinity Wave with the world!



Since her spiritual awakening at the Findhorn Foundation in 1976, **Hope Fitzgerald** has been a dedicated seeker of truth, healing and wisdom. For 15 years, her expertise in spiritual dowsing has helped people transform their lives. In 2010, she was directed through channeling to launch a series workshops introducing an energetic called *The Infinity Wave*. These *Wave Energy Evolution* workshops are comprised of powerful practices for those seeking to make an evolutionary leap, and have created miraculous healing breakthroughs for many participants. In 2011, Hope launched the *Wave Energy Center for Conscious Evolution*, dedicated to the positive, expansive development of the individual, the community and the earth. ([www.we-infinity.com](http://www.we-infinity.com))

Hope has a private practice as a certified Neurofeedback Practitioner and a life coach, incorporating Reiki and energy healing into her practice. She has a Masters Degree from Northwestern University and a BFA from Colby-Sawyer College, Summa Cum Laude.